

Annual Conference

Gaunts House

Dorset, England

October 18-22, 2024

**Join us in this retreat
for shared learning,
reflection and
connection with
colleagues in this
special place.**



Pausing in the Present: Explore. Experiment. Express

Guest facilitator and AT teacher Violeta Winograd, from Argentina, will introduce her work connecting Alexander Technique, Nonviolent Communication and Sociocracy. There will also be a variety of experiential workshops addressing the theme and different teachers' approach to the work.

Gaunts is a peaceful place where like-minded people come together to share their vision, knowledge, talents, skills and wisdom to evolve more perfect lives individually and together towards a more harmonious universal community.

<https://www.alexandertechniqueinternational.org/2024-annual-conference>